

Metabolism and Endocrinology in focus of integrative Oncology

Evidence and clinical practice

Thu, 19 March 2026, GDI, Rüschlikon/Zurich
09:00–12:30 workshops, 14:00–18:30 plenary sessions

ORGANIZER



PARTNER



Metabolism and Endocrinology in focus of integrative Oncology

Evidence and clinical practice

Dear Colleagues,
Dear Oncology Nurses,

Next year's ESIO Update highlights the central role of endocrinology and metabolism in integrative cancer care – exploring how hormonal and metabolic pathways influence cancer progression, treatment response, and recovery.

The Main scientific Session comprehends international lectures on immuno-oncology, drug interactions and challenges in complementary therapies. Get insights from the Georgian system of integrative oncology, endocrinology and fertility in cancer patients, and a hot topic on AI in oncology.

In the morning, practical workshops will offer hands-on experiences in neural therapy, traditional Chinese medicine, fasting, art therapy, therapeutic eurythmy, and mindfulness.

A diverse and dynamic program – bringing together science, experience, and innovation in integrative oncology.

On behalf of the European Society for Integrative Oncology, we warmly look forward to your participation and to an enriching exchange among colleagues and friends.



Boris Hübenthal



Valeria Milani



Daniela Paepke



Lisa Markhardt

WORKSHOPS (IN GERMAN)

	Raum 2	Raum 3
09:00–10:00	Neuraltherapie Susanne Roas	Achtsamkeit/MBSR Nadine Laub
10:00–10:30	Kaffeepause	
10:30–11:30	TCM Lisa Markhardt, Joachim Benedikt	Heileurythmie Andrea Windler
11:30–12:30	Kunsttherapie Corina Hofmann Capri	Fasten Jelina Linder
12:30–13:30	Mittagspause	
13:30–14:00	Arrival	

PLENARY SESSIONS (IN ENGLISH + LIVESTREAM)

Saal 2

14:00–14:15	Introduction Valeria Milani, Daniela Paepke, Lisa Markhardt
14:15–15:15	Keynote: Integrative oncology Nina Fuller-Shavel
15:15–15:45	Hot Topic: Human intelligence meets artificial intelligence Giovanni Maio will be held in german and translated in online stream
15:45–16:15	Drug Interactions – Medication Risks and Challenges for patient care Jörg Riedl
16:15–17:00	Break and presentation of the exhibitors
17:00–17:15	Integrative oncology in Georgia – awareness and working methods Sophie Badzgaradze
17:15–17:45	Endocrinology and cancer Sameer Kassem
17:45–18:15	Fertility and cancer Michael von Wolff
18:15–18:30	Discussion and conclusion
from 18:30	Apéro riche



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**Prof. Dr. med.
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**Dr. M.D., Ph.D.
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Medical center of SAROV, Kutaisi, Georgia



**Prof. Dr. med.
Michael von Wolff**
University Hospital for Gynaecology, Bern, Switzerland



Nadine Laub
Practice for holistic psychological counseling & therapy, Zurich, Switzerland



Andrea Windler
Center for Integrative Medicine, St. Gallen, Switzerland



Jelina Linder
Center for Integrative Oncology, Zurich, Switzerland

VENUE

GDI Gottlieb Duttweiler Institute

Langhaldenstrasse 21, 8803 Rüschlikon/ZH



PARKING LOTS

Parking deck at Park im Grüene Zürcherstrasse 4, 8803 Rüschlikon
Two e-charging stations are available free of charge directly in front of the GDI.

PUBLIC TRANSPORT

- Zurich/Bürkliplatz: Bus no. 165 to Langhaldenstrasse, 5 min. walk from there
- Thalwil train station: Bus no. 156 to Park im Grüene, 5 min. walk from there
- S-Bahn S24/S8 to Rüschlikon station, from there bus no. 165 to Langhaldenstrasse
- S-Bahn S2 to Thalwil station, from there bus no. 156 to Park im Grüene

PARTICIPATION

The plenary sessions are free of charge and will be hybrid – in person and via livestream with AI generated subtitles and audio.

The participation fee for the morning workshops is CHF 75.

Due to limited places, early registration is requested until March 15th. We look forward to your registration.

Register online: www.esio.ch

EDUCATION CREDITS

applied for

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