

Integrative therapy of breast cancer

Evidence and clinical practice

Thu, 16 May 2024, GDI, Rüschlikon/Zurich
09:00–12:30 workshops, 14:00–18:30 plenary session

ORGANIZER



PARTNER



Integrative therapy of breast cancer

Evidence and clinical practice

Dear Colleagues,
Dear Oncology Nurses,

Complementary medicine is playing an emerging role in the care of women and men with breast cancer. Recommendations for its use and evidence of its clinical relevance can be found in the guidelines of the American Society of Clinical Oncology ASCO and the German Association for Gynaecologic Oncology AGO. An update of the S3 guideline for the use of complementary medicine in oncology was recently published.

An important requirement for the successful implementation of these recommendations in the sense of integrative oncology is the trustful cooperation between the treating physician and the informed patient who is committed to contribute to the healing process or at least to influence positively the course of the disease.

Integrative oncology aims to strengthen resources and, together with optimal surgery, systemic therapy and radiotherapy, to achieve a good treatment outcome and a good quality of life.

The ESIO Update 2024 is therefore dedicated to the question of how the various treatment modalities in breast cancer can be combined and interact in a holistic, patient-centred treatment concept.

For the first time with an ESIO Update, there will be six practice-oriented workshops to gain a deep insight on compresses, mistletoe therapy, acupuncture, orthomolecular medicine, scalp cooling and training therapy.

In the plenary sessions, six eminent colleagues will discuss the most important innovations in the standard of systemic therapy, radiotherapy and hyperthermia via practice-oriented presentations with contributions on gender oncology and genetic aspects, microbiome and artificial intelligence.

The final lecture is dedicated to communication and spirituality in cancer care.

On behalf of the European Society for Integrative Oncology ESIO e.V., we are very much looking forward to your participation, to the very exciting lectures, and to an intensive exchange with colleagues.

On behalf of the board of ESIO e.V.


Boris Hübenthal


Valeria Milani


Daniela Paepke

WORKSHOPS (IN GERMAN)

	Raum 1	Raum 2
09:00–10:00	Wickel und äußere Anwendung Irene Brenneisen, Daniela Paepke	Kühlung der Kopfhaut und Extremitäten , Valeria Milani
10:00–10:30	Kaffeepause	
10:30–11:30	Ohrakupunktur Petra Voiß	Orthomolekulare Therapie Teelke Beck
11:30–12:30	Misteltherapie Matthias Rostock	Onkologische Trainingstherapie Victoria Lalla-Stickler
12:30–13:30	Mittagspause	
13:30–14:00	Arrival	

PLENARY SESSIONS (IN ENGLISH)

14:00–14:15	Introduction Valeria Milani, Daniela Paepke, Zurich
14:15–14:45	Keynote: Digitale Tools und KI für die Integrative Onkologie Friedrich Overkamp, Berlin
14:45–15:15	Systemic therapy in breast cancer: update 2024 Isabell Witzel, Zurich
15:15–15:45	Microbiome: the role in breast cancer therapy Petra Voiß, Essen
15:45–16:00	Case report: a patient shares her story
16:00–16:45	Break and presentation of the exhibitors
16:45–17:15	Radiotherapy and the role of hyperthermia in breast cancer Markus Notter, Berne
17:15–17:45	Gender oncology: a new discipline? Berna Özdemir, Berne
17:45–18:15	Communication and spirituality in oncology Raimund Jakesz, Vienna
18:15–18:30	Discussion and conclusion
from 18:30	Apéro riche



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Prof. Dr. med.
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Dr. med.
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Univ. Prof. Dr. med.
Raimund Jakesz
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Prof. Dr. med.
Matthias Rostock
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VENUE

GDI Gottlieb Duttweiler Institute
Langhaldenstrasse 21, 8803 Rüschlikon/ZH



PARKING LOTS

Parking deck at Park im Grüene Zürcherstrasse 4, 8803 Rüschlikon
Two e-charging stations are available free of charge directly in front of the GDI.

PUBLIC TRANSPORT

- Zurich/Bürkliplatz: Bus no. 165 to Langhaldenstrasse, 5 min. walk from there
- Thalwil train station: Bus no. 156 to Park im Grüene, 5 min. walk from there
- S-Bahn S24/S8 to Rüschlikon station, from there bus no. 165 to Langhaldenstrasse
- S-Bahn S2 to Thalwil station, from there bus no. 156 to Park im Grüene

PARTICIPATION

The afternoon lectures are free of charge.
The participation fee for the morning workshops is CHF 75.
Due to limited places, early registration is requested until May 12. We look forward to your registration.
Register online: www.esio.ch

EDUCATION CREDITS

4 Credits SRO
4 Credits SGMO
applied for:
Credits SGGG
Credits VAOAS